

How To Say You're Sorry(And Really Mean It)

LESSON #3

KID AND PARENT GUIDE

[Online @ pursueGOD.org/kids](http://Online@pursueGOD.org/kids)

1

Discover Truth

Watch this week's lesson video as a family (see link above) and fill in the blanks.

1. Step #1: Admit that you were _____.
2. Step #2: Admit that it _____.
3. Step #3: Change your _____.
4. Step #4: Change your _____.

2

Talk about it

Answer these questions together as a family.

1. Why is it hard to say "I'm sorry" sometimes?
2. Why is admitting you're wrong important to truly being sorry?
3. Why is admitting that you hurt someone's feelings important to truly being sorry?
4. How do you know when someone's "I'm sorry" is real?
5. Read [2 Corinthians 7:10](#). What does God want us to feel when we mess up? What is the difference between godly sorrow and worldly sorrow?

3

Live it out

Memorize this week's Bible verse:

"But if we confess our sins to him, he is faithful and just to forgive us our sins and to cleanse us from all wickedness"

1 John 1:9

Bonus: Read these additional passages as a family this week

- Read [Acts 3:19](#). Repent means to be sorry. What does this verse say happens when we repent to God?
- Read [Proverbs 28:13](#). Conceal means to hide. Why is it bad to hide our sin?
- Read [Matthew 18:15](#). What does this verse tell us to do if someone hurts our feelings?

Parent Signature_____

Learn the 3 basic truths of the Christian faith in the [Foundations for Kids](#) series.

