

FIRST AID KIT CHECKLIST

The First Aid is required to be inspected in February and August of each year. Any missing or out of date items are to be replaced and the form signed off once the kit is fully restocked. Hand the checklist to a Parish Council member. The contents list below is a minimum requirement for the first aid kit.

Name of first aid kit checker: _____

Date of inspection: _____

Item	Kit contents	Quantity required
	Quantity	Quantity
Instructions for providing first aid	1	
Note book and pen	1	
Resuscitation face mask or face shield	1	
Disposable nitrile examination gloves – Check expiry date	2 pairs	
Non adhesive Gauze pieces 7.5 x 7.5 cm	3	
Non adhesive Gauze pieces 10 x 10 cm	3	
Non adhesive Gauze pieces 5cm x 5cm	2	
Saline (10 ml) – check expiry date	10	
Wound cleaning wipe – check expiry date	2	
Adhesive dressing strips – plastic or fabric (packet of 50)	1	
Splinter probes (single use, disposable)	1	
Tweezers/forceps	1	
Antiseptic cream - check expiry date	1	
Non-adherent wound dressing/pad 5 x 7.5 cm	1	
Adhesive dressing 6 x 10 cm	1	
Dressing 7.5 x 5 cm dressing	2	
Conforming cotton bandage, 5 cm width	2	
Conforming cotton bandage, 7.5cm width	1	
Conforming cotton bandage, 10 cm width	2	
Crepe bandage 7.5 cm	1	
Scissors	1	
Adhesive tape	1	
Safety pins (packet of 6)	1	
Plastic bags - clip seal	1	
Triangular bandage	2	
Emergency rescue blanket (for shock or hypothermia)	1	
Eye pad (single use)	1	
Instant ice pack	1	

The First aid kit is fully restocked Name: _____

Date _____ Signature _____